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WHY A 3-MONTH RE CARE VISIT?

I understand that it takes an average of 3 months for the bacteria causing Periodontal Disease to return to pretreatment levels which is why the American Dental Association advises **3 month recare** visits for all patients with adult Periodontal Disease. However, depending on the individual, the optimal interval of time can vary from every 2 weeks to every 3 months.*

Therefore, my dental professional will determine a proper timetable for my periodontal needs. A periodontal recare visit will be critically timed to disrupt the bacteria and disable the destructive process in my mouth. This **supportive recare visit is not an option** – but a **requirement** for successful therapy.

Recare interval determined at this time _____

I understand and accept the above recare interval.

X _____ Date _____

I decline the recare interval at this time and understand the possible consequences for doing so.

X _____ Date _____

* Peter F. Fedi, Jr, D.D.S., M.Sc. & Arthur R. Vernino, D.D.S., The Periodontic Syllabus 3rd edition (Baltimore: Williams & Wilkins, 1995) 199